Southern LMSC Records - LCM Relays (Updated 6/30/2025)

76-99	Time	Names	Age	Team	Year	100-119	Time	Names	Age	Team	Year
Women 200 Free	2:06.12	Miah Broussard	25	CRAQ	2001	Women 200 Free	2:04.73	Helen Walsh	28	CRAW	1997
		Ayme Veron	19					Theresa Klein	26		
		Caroline Nash	19					Ann Hill	27		
		Elizabeth Ardoin	31					Leslie Stanley	35		
Men 200 Free	1:48.22	David Diaz	21	BOLT	1995	Men 200 Free	1:48.22	Jason Carr	27	CRAQ	2001
		Robert Cambias	27					Ryan Gagliano	21		
		L.J. Schmitt	26					Tip Jenny	27		
		Brian Calvia	19					Peter Schuyten	32		
Mixed 200 Free	1:58.32	Neil Harper	27	CRAW	1992	Mixed 200 Free	1:54.62	Adam Werth	25	CRAW	1995
		Susan Hagan	32					Claire Orr	19		
		Kimberly Farr	20					Molly Wolf	35		
		Jeff Janes	19					Scott Rabalais	36		
Women 200 Medley	2:22.57	Bethanne Breisacher	25	GWM	1984	Women 200 Medley	2:26.69	Theresa Klein	29	CRAQ	2000
		Charlotte Petersen	23					Miah Broussard	24		
		Gail Staring	23					Gina Cheuk	21		
		Cobb	25					Ann Hill	30		
Men 200 Medley	2:01.52	Kirk Clear	26	BOLT	1994	Men 200 Medley	1:59.25	Neil Harper	27	CRAW	1992
		Andy Deichert	26					Steve Heck	42		
		Robert Frischer	26					Chip Castagnos	23		
		Trey Stolz	19					Jeff Janes	19		
Mixed 200 Medley	2:09.29	Neil Harper	27	CRAW	1992	Mixed 200 Medley					
		Paige Harper	26								
		Chip Castagnos	26								
		Kimberly Farr	20								
Women 400 Free						Women 400 Free					
Men 400 Free						Men 400 Free					
Mixed 400 Free						Mixed 400 Free					
Women 400 Medley						Women 400 Medley					
Men 400 Medley						Men 400 Medley					
Mixed 400 Medley						Mixed 400 Medley					
Women 800 Free						Women 800 Free					
Men 800 Free						Men 800 Free					

Mixed 800 Free						Mixed 800 Free					
120-159	**Time**	**Names**	**Age**	**Team**	**Year**	**160-199**	**Time**	**Names**	**Age**	**Team**	**Year**
Women 200 Free	2:04.85	Ann Speed	24	CRAW	1995	Women 200 Free	2:11.95	Wendy Enderle	48	SMS	2025
		Leslie Stanley	33					Margaret Hill	58		
		Helen Cane	39					Kayla Morrissey	37		
		Molly Wolf	35					Mary Raven	45		
Men 200 Free	1:46.57	Bill Johnson	36	BOLT	1994	Men 200 Free	1:46.50	Mason McGee	34	SMS	2022
		David Hinyup	31					James Meyers	33		
		Brant Schroeder	34					Jay Nethers	41		
		Chris Prator	33					Gordon Mese	55		
Mixed 200 Free	1:55.15	Steve Heck	47	CRAW	1997	Mixed 200 Free	1:52.51	Steve Heck	50	CRAQ	1999
		Helen Walsh	28					Ann Hill	30		
		Ann Hill	27					Karlene Wise	46		
		Scott Rabalais	38					Scott Rabalais	41		
Women 200 Medley	2:25.73	Mandy Leach	27	CRAQ	2006	Women 200 Medley	2:25.93	Wendy Enderle	48	SMS	2025
		Ruth Niedrich	47					Mary Raven	47		
		Shelly Johnston	26					Margaret Hill	58		
		Helen Cane	51					Heather Roka	39		
Men 200 Medley	1:59.73	Neil Harper	28	CRAW	1993	Men 200 Medley	2:06.13	Scott Snyder	50	SMS	2007
		Steve Heck	43					Kelly Chadick	38		
		Dean Przymus	32					Greg Ellison	55		
		Terry Jaynes	37					Glenn Armentor	47		
Mixed 200 Medley	2:07.55	Sandy Colby	34	CRAW	1997	Mixed 200 Medley	2:21.53	Karlene Wise	46	CRAQ	1999
		Helen Walsh	28					Steve Heck	50		
		Scott Rabalais	38					Scott Rabalais	41		
		Jason Carr	22					Ann Hill	30		
Women 400 Free	5:30.27	Ann Hill	28	CRAW	1998	Women 400 Free	6:45.08	Reena Kilgore-Greer	44	SWMT	2014
		Amy Mielke Wright	38					Joy Kellum	56		
		Meg Haviland	40					Ashley Martin	37		
		Susan Bartol	36					Pami Taylor	47		
Men 400 Free	4:46.60	Oxley	35	BRCM	1988	Men 400 Free	4:59.04	Paul Hebert	52	CRAW	1998
		Neuman	27					Tim Ratchford	40		
		Lunsford	37					Roger Hill	31		
		Scott Rabalais	29					Alan Braaten	40		
Mixed 400 Free	5:11.05	Alan Braaten	39	CRAW	1997	Mixed 400 Free	5:39.68	Bob Reimers	45	BOLTS	1988
		Diana Tucker	50					Bethanne Breisacher	30		
		Theresa Klein	26					John Casper	50		
		Tim Ratchford	39					Fiona Atkinson	38		
Women 400 Medley	7:06.18	Graciela Fraga	25	BOLTS	1988	Women 400 Medley	5:40.54	Wendy Enderle	48	SMS	2025
		Fiona Atkinson	38					Mary Raven	47		
		Bethanne Breisacher	30					Heather Roka	39		
		Linda Baroni	43					Margaret Hill	58		
Men 400 Medley						Men 400 Medley	5:43.61	John Rybczyk	37	CRAW	1997
								Tim Ratchford	39		
								Stanton Cadow	40		
								Fritz Simonson	45		
Mixed 400 Medley	5:41.28	Katherine Toups	28	CRAW	1997	Mixed 400 Medley	6:32.39	Shawn Nowak	37	SMS	2017
		Meg Haviland	39					Mark Richardson	54		
		Steve Heck	47					Helen Connault	55		
		Don Haase	35					Mia Erickson Stevens	49		
Women 800 Free						Women 800 Free					

Men 800 Free						Men 800 Free					
Mixed 800 Free	11:09.35	Steve Heck	47	CRAW	1997	Mixed 800 Free	18:18.26	William Bohning	50	SMS	2017
		Paul Rabalais	32					Cheryl Johnson	41		
		Joan Cheuk	20					Scott Stevens	49		
		Leslie Stanley	35					Colleen Fisher	56		
200-239	**Time**	**Names**	**Age**	**Team**	**Year**	**240-279**	**Time**	**Names**	**Age**	**Team**	**Year**
Women 200 Free	2:39.98	Christine Frederic	47	SMS	2011	Women 200 Free	2:40.91	Patricia Arnold	75	SMS	2014
		Patricia Arnold	72					Dale Williams	62		
		Vicki Buccino	65					Fay Lachney	53		
		Rebecca King	31					Christine Frederic	50		
Men 200 Free	2:03.19	Steve Heck	47	CRAW	1997	Men 200 Free	2:09.84	Steven Heck	76	SMS	2025
		Paul Hebert	51					Richard Hartman	70		
		George Newport	45					Wylie Shores	67		
		Clarke Mitchell	65					Sherwin Cheuk	45		
Mixed 200 Free	2:07.44	Mariela Saucier	47	SMS	2007	Mixed 200 Free	2:19.67	Richard Hartman	70	SMS	2025
		Janet Ferguson	50					Wylie Shores	67		
		Ron Niedrich	48					Margaret Hill	58		
		Greg Ellison	55					Mary Raven	47		
Women 200 Medley	2:52.38	Patricia Arnold	68	SMS	2007	Women 200 Medley	3:07.53	Dale Williams	62	SMS	2014
		Ruth Niedrich	48					Patricia Arnold	75		
		Janet Ferguson	50					Christine Frederic	50		
		Julie Gurzi	38					Fay Lachney	53		
Men 200 Medley	2:19.43	Stephen Billeaud	53	SMS	2006	Men 200 Medley	2:34.84	Brian Krier	64	SMS	2025
		Baker Kearfott	52					Sherwin Cheuk	45		
		Gregory Ellison	54					Richard Hartman	70		
		Glen Armentor	46					Wylie Shores	67		
Mixed 200 Medley	2:35.66	George Newport	50	CRAQ	2001	Mixed 200 Medley	2:54.22	Douglas Holmes	71	SMS	2007
		Steve Heck	52					Patricia Arnold	68		
		Dale Williams	49					Janet Ferguson	50		
		Vicki Buccino	55					Walter Patton	55		
Women 400 Free	6:23.64	Chris Frederic	52	SMS	2016	Women 400 Free					
		Vicki Buccino	70								
		Patricia Arnold	77								
		Emma Stubba	21								
Men 400 Free	5:10.29	Andrew Hilborn	34	SMS	2025	Men 400 Free					
		Sherwin Cheuk	45								
		Richard Hartman	70								
		Wylie Shores	67								
Mixed 400 Free	4:57.62	Margaret Hill	58	SMS	2025	Mixed 400 Free	5:32.66	Fay Lachney	53	SMS	2014
		Heather Roka	39					Douglas Holmes	78		
		Richard Hartman	70					Richard Wery	62		
		Sherwin Cheuk	45					Christine Frederic	50		
Women 400 Medley						Women 400 Medley					
Men 400 Medley	6:07.54	Bob Wiegand	66	BOLTS	1988	Men 400 Medley					
		Mike Offner	73								
		Tim Hale	33								
		Beau Toll	46								
Mixed 400 Medley	5:46.79	Sherwin Cheuk	45	SMS	2025	Mixed 400 Medley	6:38.85	Fay Lachney	53	SMS	2014
		Mary Raven	47					Douglas Holmes	78		
		Heather Roka	39					Christine Frederic	50		
		Richard Hartman	70					Richard Wery	62		
Women 800 Free						Women 800 Free					

Men 800 Free						Men 800 Free						
Mixed 800 Free						Mixed 800 Free						

280-319	Time	Names	Age	Team	Year
Women 200 Free					
Men 200 Free	2:57.06	Norman Hedrick	72	BOLT	1995
		Elmer Frost	72		
		Richard Daniel	69		
		Robert Allen	68		
Mixed 200 Free	2:47.89	Douglas Holmes	80	SMS	2016
		Dale Williams	64		
		Patricia Arnold	77		
		Richard Hartman	61		
Women 200 Medley	4:10.11	Sally Treuting	77	SMS	2017
		Dale Williams	65		
		Ellen Hall	66		
		Judy Smith	80		
Men 200 Medley	3:11.48	Bob Wiegand	70	BOLT	1992
		Mike Offner	77		
		Richard Daniel	66		
		Elmer Frost	69		
Mixed 200 Medley	3:24.93	Bill Jennings	72	SMS	2011
		Patricia Arnold	72		
		Douglas Holmes	75		
		Vicki Buccino	65		
Women 400 Free					
Men 400 Free					
Mixed 400 Free	9:12.14	William Jennings	78	SMS	2017
		Patricia Arnold	78		
		Sally Treuting	77		
		Douglas Holmes	81		
Women 400 Medley					
Men 400 Medley					
Mixed 400 Medley	10:38.57	William Jennings	78	SMS	2017
		Patricia Arnold	78		

		Douglas Holmes	81									
		Sally Treuting	77									
Women 800 Free												
Men 800 Free												
Mixed 800 Free	19:58.03	William Jennings	78	SMS	2017							
		Patricia Arnold	78									
		Sally Treuting	77									
		Douglas Holmes	81									